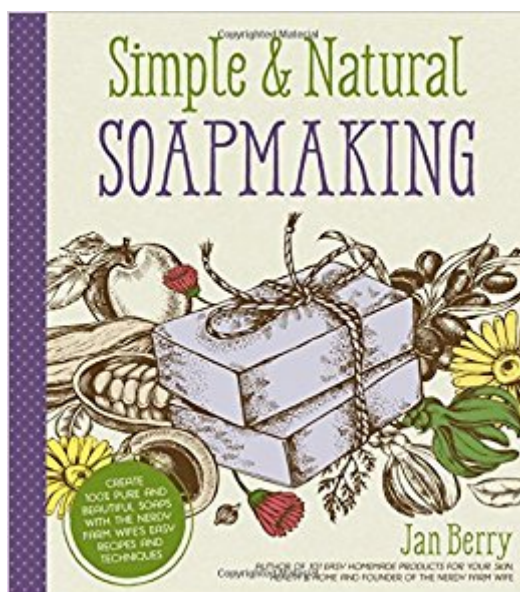


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# Simple & Natural Soapmaking: Create 100% Pure And Beautiful Soaps With The Nerdy Farm Wife's Easy Recipes And Techniques



## Synopsis

Create Fabulous Modern Soaps The Truly Natural, Eco-Friendly Way With this new comprehensive guide, herbalist Jan Berry offers everything the modern-day enthusiast needs to make incredible botanical soaps. Beginners can join in the sudsy fun with detailed tutorials and step-by-step photographs for making traditional cold-process soap and the more modern hot-process method with a slow cooker. Jan presents 50 easy, unique soap recipes with ingredients and scents inspired by the herb garden, veggie garden, farm, forest and more. Sample soap recipes you won't want to miss are Lavender Milk Bath Bars, Sweet Honey & Shea Layers Soap, Creamy Avocado Soap, Citrus Breeze Brine Bars, Mountain Man Beard & Body Bars and Classic Cedarwood & Coconut Milk Shave Soap. Featured resources are Jan's handy guides to common soapmaking essential oils and their properties, oil and milk infusions with healing herbs and easy decoration techniques. The book also contains Jan's highly anticipated natural colorants gallery showcasing more than 50 soaps that span the rainbow. Soap crafters of all levels will enjoy referencing this book for years to come. All recipes are sustainably palm-free!

## Book Information

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## Customer Reviews

"If you enjoy the simple beauty of natural soaps, the recipes within these pages are literally made for you! They cover the full gamut from basic recipes for beginners to more complex creations perfect for experienced soapmakers."  
—Kenna Cote, Modern Soapmaking  
"This book is gorgeous and will coax the novice soap maker to dive into

soapmaking with joy. The recipes are challenging enough to keep the experienced soapmaker interested, while learning creative techniques from the herbalists' repertoire. This book makes a valuable contribution to the soapmaking literature.

Chris Dalziel, author of *The Beeswax Workshop* "Even as a seasoned soapmaker I am excited by this book! Beautiful photos, appealing soap recipes and in-depth tutorials make this soapmaking book a gem for your permanent soaping library."

Rebecca Dillon, Soap Deli News blog "Jan Berry is such an inspiration to me and many others. She explains things and teaches so well. Her books are a must-have whether you are a beginner or an experienced soap maker. With her many years of experience with herbs and natural soap making, you'll definitely learn something new."

Tina Moenck, *Natural Suds N More* "This book is a very thorough resource for a brand-new soapmaker, with fun ideas for someone with more experience as well. I love that the recipes contain all natural ingredients with helpful tips for working with natural colorants and suggestions for oil substitutions."

Amy Warden, *Great Cakes Soapworks* "This book will be a great addition to any soapmaker's library. A terrific guide for beginners and a helpful reference for the experienced."

Elin Criswell, author of *Creative Soap Making and Bubbles to Bucks*

Jan Berry is the soapmaker and herbalist behind *The Nerdy Farm Wife*. She's also the author of *101 Easy Homemade Products for Your Skin, Health & Home*. Jan lives on a small farm in the Blue Ridge Mountains of Virginia with her husband and two teenagers, where she enjoys gardening, crafting pretty herbal concoctions, caring for a menagerie of farm animals and, of course, soapmaking.

Great resource and easy to follow for homemade soap. Recommend.

Absolutely love the book. I am working on infusing some chamomile to make some soap.

This is my third Jan Berry book. I don't bother buying books by other authors anymore. The recipes have all come out perfectly and they are in the style that I like, completely natural.

I absolutely love this book! Not only are all of the soaps completely natural, but there are so many recipes and such a wide array of ingredients, that there is sure to be something for everyone. All of these recipes are also palm free, whooo hooo(sorry, a little excited)! The recipes range from

beginner to advanced. The troubleshooting section is excellent (with photos too), describing every problem you can imagine. I'd have to say my absolute favorite part of this book is the natural colorant section. There is every shade you can imagine, no color was left out. What makes it amazing, are the pictures showing you the results of each colorant, and how much to use for which shade (for example blue cambrian clay can produce many shades from light blue to dark blue to grey, depending on how much clay is used). I love knowing that these recipes are tried and true, and the pictures are so very, very appealing to the eye. Every recipe has its own ingredients list, recipe, step by step instructions, photographs, and many of them also have step by step pictures along with the written instructions, and every soap has it's own final photo showing the results, which I love. She also goes over making designs in the soap with step by step instruction and photos. I've so far made the lavender milk soap and propolis dandelion soap, both came out perfect! My next soaping adventure is the amazing shaving soap recipe provided. It's dreamy, and I love that the author found an alternative to using stearic acid\*,(\*shave soap just isn't shave soap without it!). I'm not going to be a spoiler, you'll have to read the book to find out! I've been soaping for years and I really love having all these recipes laid out beautifully in a book. This book has so much more than I'd hope. I also love Jan Berry's other book, but I must say I love this one even more! If you're looking for the perfect all natural soap book, this is it! Even if you're experienced with soaping this book is sure to have many recipes for you! So many amazing recipes and combinations, so little time! I've added a few pics to show the awesome layout and the stunning photography of this book. I honestly love each and every recipe, they're all so well thought out, and you can tell a lot of research went into this book, as there is information on each and every ingredient used (and a section dedicated to describing ingredients and what their additions to soap provide, for example castor oil and coconut oil both enrich a soaps lather)! Being a visual person, I love the photos for each and every soap. It also assures me that each and every soap is tried and true, and not just a bunch of soap recipes thrown in a book. I also have the soap queens natural soap book, which is very, very advanced(not to mention you have to buy special molds for many of soap queens recipes).I like them both, but this one's my favorite due to ease of use and its just more my style, I'm a very natural, crunchy granola kinda girl lol. I definitely recommend this book, you won't be disappointed! (No palm oil is used in any recipe! Which overjoys me, as my sensitive skin hates palm oil or palm products!) All of the recipes are all natural and I simply cant go wrong with any of them! A+++ Jan Berry!

Cover to cover a great buy! I am already a soap maker/budding herbalist and I can't get over how

great of a resource this book is. It goes into detail for cold process and hot process. There's a bounty of herb and essential oil combinations- I can't wait to dig in and explore the recipes. There are even suggestions for changing to recipe to make the soap vegan/vegetarian/ or to use Palm or tallow. Well written and worth it for anyone who is just starting out and has never made soap to the veterans (as inspiration, of course)

This is a thoughtfully written book. Clear instructions, beautiful photos, and easy to understand recipes. The recipes she offers are not made with exotic oils that are hard to locate. She also offers substitutions ( if you don't have it) for oils she recommends in her recipes without changing the lye content. I've soaped for awhile, but find the herbal information and colors acquired by using herbs and natural products very helpful. This is one of the best books on soapmaking for beginner and experienced. You can always learn something useful.

This is a GREAT resource for anyone interested in making your own soaps at home. I've been making soaps at home for a couple of years now and have studied the subject extensively. I always love getting new books and resources to learn new tips and tricks. I was very pleasantly surprised to see that this book was well thought out, has clear concise instructions and actually incorporates quite a bit of herbal knowledge (I study herbalism and essential oil medicine as well). The info presented here is a GOLD MINE for folks looking to get into soap making. The author's advice is spot-on. You won't even realize you're doing some of the advanced stuff involved in soap making like including essential oils which can be a very tricky business. Many oils can cause soaps to seize up or flake, but the author handles it easily with her pre-made recipes.

A year ago I was looking for a print book on natural soapmaking & boy do I wish this book had been out then. It is all you need to get started. It covers both hot & cold process, has lots of vegan recipes but also some with lard & tallow, contains no recipes with palm oil due to environmental concerns, has great essential oil info & blends rather than info on fragrance oils, lots of plant-based & clay colorants but no FD&C dyes, and natural additives like honey, oatmeal & bee pollen. There is info on both infusing the oils with herbs and infusing milks with herbs for the milk soaps. All the instructions are clear & easy to understand, the photos are gorgeous & there is a troubleshooting section too. There are even a few simple swirling techniques. I just wish I could return the other 2 books I bought last year as neither was quite what I wanted and this book is exactly what I was looking for.

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